

New Heights

**Light At The End of The
Tunnel**

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“Your writing is both inspirational and motivating...”

Halima Sarki

Abuja Nigeria

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Introduction

In The Name of Allah, The Entirely
Merciful The Especially Merciful

This is a book about positive quotes
compiled after my 8 month trip to
Africa- by the will of Allah

I have purposely kept it short,
for brief reading.

Text(Matn)

All praises be to Allah and
salutations and peace be upon the
Prophet Muhammad, His Family, His
Companions and all those that follow
him until the day of Judgement

To proceed

1. Everything troubling you now is temporary. Be patient, and pray to Allah. You shall soon see the light at the end of the tunnel.

2. This world is temporary.

Concentrate most/ all of your life and efforts on attaining the good of the Hereafter.

3. Unpleasant events are also a blessing from Allah. You have to trust in Allah completely, make Shukr(give Thanks) to Him. Count

your blessings, and look actively for the lessons behind this seemingly unpleasant(, unprecedented) event

4. Always wish for/ intend good, and pray for it always. You shall be surprised, and even overwhelmed by the bounties of Allah. More-so, always ask Allah to give you from His Bounties.

5. The seemingly- impossible is always possible, with Allah. Pray for everything good that you want, then wait for Allah's command, favour, blessings and Mercy- By His Will

6. Always give thanks(make shukr) to Allah for what you have, as many of His slaves do not have what you have, and some of them wish to be in your position. Look at those below you in the dunia(on Earth), and you shall find a special shukr(thanks to Allah), in your heart and actions.

7. When Allah takes something away from you, be patient. It could be temporary, or it could be removing you from an approaching harm, or it could be a way of Allah preparing better things for you now, in the near-future or distant future- By His Will

May Allah guide us all Ameen

Bonus Chapter

Spiritual Levitation 1: The Other side of Abstemiousness

1. Face your fears, and pray to Allah always
2. You can never attain true success (i.e. in this world and the next life), until you worship Allah correctly and

seek His assistance continuously/
continually

3. If you choose a life of worshipping Allah in all that you do in your life, then(by His will), all that you desire will come to you submissively.

4. Every time you feel like giving up, turn back to Allah(whole heartedly)

5. Concentrate on bettering yourself. The general rule of thumb

is that the better you are, the more those around you get affected positively.

6. Keep on being patient, and never stop being patient, until your soul exists the collarbone.

7. In patience, there is wisdom from Allah. He is showing you that He is The One that controls everything

8. Modern day monks(and practitioners of abstemiousness) can

sometimes be found in cities and towns.

9. The more you practice Zuhd(Orthodox Islamic Abstemiousness), the more your heart lets go of the world. Then the more the world clings on to you(metaphorically speaking)

FINAL PRAYER

All Praises abundant and plentiful belong to Allah, and peace be upon his final Messenger Muhammad, peace and blessings be upon him, his family, his companions and all of those that follow them till the day of Judgement.

FINAL WORD

If you liked the reflective quotes, check out in the links below what was part of the fruits of this work:

1. www.edriskibalama.com

A website on creatively designed inspirational quotes images and a [portfolio](#) section outlining my achievements thus far.

2.

www.muslimhomeschoolsoftware.com

A website on Home Educational Software for children with an Islamised and Ethical curriculum

3.

www.intelligentmindsconsultancy.com

A website on IT support,
WordPress support and IT
consultancy

4. www.eddykibs.com

More of my inspirational quotes
merchandise

5. To contact me and see my works:

www.linkedin.com/in/edriskibalama/

5. Other published books

Search: “Edris Kibalama” on

www.amazon.co.uk

Bonus Chapter 1

3 types of souls

1. Mutma innah- Surah Fajr Verse
27(The break of day or The Dawn)

2. Lawwaamah- Chapter 75 Surah
Qiyaamah(The Resurrection) Verse 2

3.Amru bissuw-
Hisnul Muslim- Qahtani

3 types of hearts

1. Qalbun Saliim(A sound heart)

2. Qalbun Mareedh(A sick heart)

Oh Allah give us a complete cure
that leaves no illness Ameen.

3. Qalbun Mayyit(A dead heart)

May Allah protect us from this

Ameen

Bonus Chapter 2

‘Uboodiyah: Beyond Temporary Friendship

All praises be to Allah and
salutations and peace be upon the
Prophet Muhammad, His Family, His
Companions and all those that follow
him until the day of Judgement

To proceed

1. If you don't let go to worldly love, you'll never know which relationship is meant to be permanent, and which was meant to be temporary; for the good of yourself.

Take the example of Prophet Ibrahim (upon him be peace and Salaam):

The important thing(wa Allahu A'laam/ and Allah knows best) is that Allah wanted Ibrahim('aleihimussalaatu wa salaam/ upon him be peace and Salaam) to sacrifice the love of his son from his own heart.

Like the story of the 2 sons of Adam; Allah wanted to see who would part from the dunia/worldly life from their hearts(wa Allahu A'laam/ and Allah knows best), by giving their best possessions i.e. the crops

Allah is Assamad(He is in need of noone/nothing, but all are in need of him).

So the conclusion is that Allah wants us to go to Him with Qalbun Salim(a pure heart).

May Allah allow us to live and die with Qalbun saliim(a pure heart)

May Allah guide us all

Ameen

Bonus Chapter 3

Spiritual Levitation 2: The Other Side of Abstemiousness/ Zuhd

All praises be to Allah and
salutations and peace be upon the
Prophet Muhammad, His Family, His
Companions and all those that follow
him until the day of Judgement

To proceed

1. Never let go of your(correct)
religious principles

2. The enemies surrounding you(i.e.
Shaitan/ satan and dunia/ the
seeming glitter of the world) (and
within you, (i.e. your hawa/ desires
and nafs/ your lower self) are always
ready to launch attacks. Be
vigilant(i.e. by supplicating to Allah

always), be informed(i.e. seek knowledge) and be ready(for the ongoing spiritual battle/ warfare) and on guard(by beseeching Allah's assistance, refuge and rescue)

3. Sometimes you have to let go of certain things, for a new chapter in your life to begin

4. Whatever is with Allah(by His protection)/ Everything that is with Allah(by His protection) is never lost

5. It is at that breaking point, when you literally(and metaphorically) feel that you are fast-approaching rock bottom(or anguish is about to set in); that is the time to supplicate for all the good that you wish for. Then wait for the miracles that shall follow(only by the will of Allah)

6. Always ask for Allah's bounties/ favours upon you(, whether you hear the cockerel crow or not)

Bonus Chapter 4

Introduction to Pre-destiny: The Sea Without a Shore

All praises be to Allah and
salutations and peace be upon the
Prophet Muhammad, His Family, His
Companions and all those that follow
him until the day of Judgement

To proceed

4 Parts to the Qadar(Pre- destiny of Allah)

1. Al 'Ilm(knowledge)

That Allah knows everything that was, everything that is(now), everything that is going to be/ that will happen(in the future), and also things that **if they were to happen**, how they would happen.

2. Al Kitaabah(The writing)

That Allah instructed the pen to write all the things that will happen(till eternity- And Allah knows best), 50, 000 years before the creation of the Heavens and Earth.

3. Mashi a(Will)

That everything happens by the will of Allah.

That we also a will, but ultimately, it is still under the will of Allah.

'Aml(Action/ Deeds)

That Allah created/ creates
everything, including our actions.